

Nathan Troy

Facilitator & Leadership Coach

Kind, caring, responsible

Loves family, friends, good food & wine.



In a nutshell

Nathan has more than 20 years of experience in professional training, coaching, and consulting. Born in Asia and raised in the United States and England, he brings a global perspective to leadership development. With extensive experience working with multinational clients across Asia Pacific—particularly in Greater China—Nathan is adept at delivering training and facilitation in both English and Mandarin, ensuring impactful engagement across diverse cultural and corporate environments.

Key responsibilities

Nathan is an executive coach and leadership facilitator specializing in strategy execution, high-performing teams, and culture shaping. With a strong background in operations, marketing, and organizational development, he partners with senior leaders across industries to drive transformation and business impact. Nathan's coaching approach integrates ontological coaching, executive presence, and stakeholder navigation to enhance leadership capability and accelerate performance. Through one-on-one coaching and group facilitation, he helps leaders develop self-awareness, decision-making, resilience, and influence—empowering them to lead with clarity and confidence in complex environments.

Areas of expertise

- Leadership Development
- Executive Coaching
- Coaching Training & Development
- Human Potential & Awareness
- Public Speaking and Presence
- Performance Excellence
- Team Building
- Conflict Resolution
- Interpersonal Relationships
- Parenting Skills Development

Programs delivered

- Executive Leadership Development
- High-Performance Team Coaching
- Strategy Execution & Organizational Alignment
- Culture Transformation & Change Leadership
- Executive Presence & Stakeholder Influence
- Personal Mastery & Resilient Leadership
- Coaching Skills for Leaders

How Nathan makes a difference

Nathan empowers leaders and organizations to drive meaningful transformation by enhancing leadership effectiveness, team collaboration, and strategic execution. With deep expertise in coaching high-potential talent, he helps individuals refine executive presence, navigate complex stakeholder relationships, and develop the resilience needed for sustained success. His work spans leadership development, culture shaping, and performance optimization, equipping leaders with the tools to foster innovation, adaptability, and long-term impact. Through his coaching, Nathan has helped Fortune 500 companies strengthen their leadership pipelines, align organizational strategy with people development, and achieve measurable business outcomes.

Most proud of...

Balancing a global career in leadership coaching while being a devoted father to his intelligent and kind 10-year-old son.

Additionally, Nathan's passion for discipline and excellence extends beyond coaching. He is trained in Brazilian Jiu-jitsu, Pancrase (MMA), and is an accomplished freestyle wrestler. He was featured in the Boston Globe (1993 & 1994) as a Boston Globe Athletic All-Star, winning the New England Eastern Independent League Wrestling Tournament for two consecutive years in the 171lbs and 189lbs weight classes. Nathan also achieved an undefeated 24-0 record across two seasons and was recognized as the Nation's Outstanding Athlete in the U.S. from 1992 to 1994 for freestyle wrestling.

Some companies he has worked with:

Morgan Stanley, Unilever, HSBC, AIA Insurance, Bristol Myers Squibb, British Petroleum (BP), Dell Computers, Ogilvy Advertising.

Coaching Qualifications/certifications

- Asiaworks "Basic Training®" Certified Trainer
- Asiaworks "Leadership Program®" Certified Trainer
- TWP Corporate Trainer & Facilitator
- Newfield Certified Coach (NCC)
- Dale Carnegie Leadership Training Facilitator
- TTI Success Insights "Trimetrix®" Certified Analyst
- George Leonard's "The Samurai Game®" Certified Facilitator
- Boston University USA – School of Hospitality - Bachelor of Arts
- WSET Level 2 certified wine professional

“A genuinely life changing program. I can't think of any other program that have had this personal or business impact and I must thank my coach Nathan for this.”

Human Resources Director, Dell Computers.