

Beth Hollahan

Facilitator & Leadership Coach

Transformational, insightful, empowering

Loves live music, live theatre,
ice hockey and travel



In a nutshell

Beth is an ontological coaching and transformational training expert with decades of experience in leadership development, culture change, and executive coaching. She has worked in over 50 countries with global organizations, helping leaders and teams achieve breakthrough results. A true citizen of the world, Beth has lived in twelve countries across five continents and brings a deep cross-cultural perspective to her work. Currently based in Singapore, she continues to empower individuals and organizations to unlock their full potential through transformational coaching.

Key responsibilities

Beth is an executive coach and transformational facilitator specializing in leadership development, culture transformation, and breakthrough results. She works with senior leaders, teams, and organizations to drive sustainable change by uncovering hidden barriers to growth and amplifying individual and collective strengths. With a focus on ontological coaching, Beth helps leaders develop self-awareness, resilience, and the mindset shifts necessary for high performance. Through personalized coaching and large-scale training programs, she fosters environments where lasting transformation can take place—both professionally and personally.

Areas of expertise

- Leadership development
- Executive coaching
- Performance coaching
- Ontological coaching
- Team coaching
- Culture change
- Business change

Programs delivered

- Transformational Leadership Development
- Executive & High-Performance Coaching
- Breakthrough Results Coaching
- Culture Change & Organizational Transformation
- Large-Scale Leadership & Team Facilitation
- Self-Mastery & Resilient Leadership
- Coaching Skills for Leaders

How Beth makes a difference

Beth creates deep, profound shifts for both her clients and, in turn, their organizations, by helping them get to the essence of their possibilities in both their personal and professional lives. To do this, she focuses on their strengths while exploring what has held them back from powerful, sustainable change.

Most proud of...

On top of her corporate work, Beth is actively involved in adult literacy and has taught over 300 adults to read.

Some companies she has worked with:

BHP Billiton, Glenmark Pharmaceuticals, Heineken, HSBC Bank, Marriott Hotel Group, Save The Children, Prudential, Rio Tinto, Royal Dutch Shell, Telefonica Argentina, and Unilever.

Coaching Qualifications/certifications

- Degree in Political Science
- Professional Certified Coach (PCC) ICF
- CSAC Master Certified Coach
- Master Accredited Coach - China Coaching Academy
- Level 3 Enneagram Certified Trainer
- TRE Level 2 practitioner
- ICF certification in Group Coaching
- ICF certification in Health Coaching.
- Advanced/Transformation Trainer
- Leadership Program Trainer

“Beth is very talented coach who has the empathy to bring people together whilst holding up a mirror reflecting honest, insightful and transformational feedback. I would recommend her wholeheartedly”

Mie-Leng Wong,

Senior Vice President Global Brands at Mondelez