

Susana Garcia

Program Lead

Curious, inclusive, courageous.

Loves learning, creating authentic human connections, and walking in nature with her dog, Paca.



In a nutshell

Susana is certified professional coach and international leadership facilitator who specialises in helping leaders to think more creatively, communicate more effectively, and influence others more skilfully. She is highly experienced at coaching senior managers, helping them to enhance their emotional intelligence and to build high-performing teams.

Key responsibilities

With 10 years' sales and management experience in the international corporate world, Susana has an innate understanding of, and empathy with, the global clients she coaches. She works with our multinational clients across North America, Latin America, Europe, the Middle East and Asia.

Areas of expertise

- Management development skills (influencing skills, emotional intelligence skills, coaching skills)
- Leadership development
- Team coaching
- Body and mind connection

Programs delivered

- Leadership development (Management Development Experience, Director Development Experience)
- Coaching skills for leaders
- Stress management
- Executive coaching
- One-to-one skills coaching

How Susana makes a difference

By empowering senior managers to build and lead outstanding teams, Susana is enabling her clients to work more collaboratively and co-create new ways of working together. She is highly skilled at establishing a trust-based environment where she employs a number of powerful techniques that help clients tap into their potential, so they can start to think and act differently. Susana strongly believes that every human being is naturally resourceful and she is exceptionally talented at enabling her clients to discover the creativity and hidden talents they didn't realise they had.

Most proud of...

The feedback she receives on the personal and professional impact her coaching has on individuals.

Some companies she has worked with:

adidas, NGA HR, Westfield, STADA, Capgemini, BUPA, Edwards Life Sciences, JP Morgan, Nutricia, Thermo Fisher Scientific

Qualifications/certifications

- Artgym Certified Master Practitioner
- Certified Co-Active Professional Coach (CPCC)
- Certified Coach Emotional Intelligence and Leadership (ECR)
- NLP Practitioner
- Member of the International Coaching Federation (ICF) and Coaches Training Institute (CTI)
- Post Graduate Diploma in Psychopathology and Health
- Post Graduate Diploma in Stress Management and Mental Health
- Degree in Chemical Engineering

Awards

- Key part of the team that won Gold in the Brandon Hall HCM Excellence Awards for 'Best Innovative or Unique Leadership Program 2021'

“I allow people to open up, and really get in touch with their inner wisdom and talents so they can lead their lives more authentically.”