## artgym



Vanessa Wye
Facilitator/Coach

Vanessa is a high-energy facilitator who regularly leads groups of between 6 and 50 participants. She coaches individuals and groups to make breakthroughs, use their insights to inspire others and to engage with their natural creativity and courage to make real, sustainable change.

In over 25 years' experience running leadership development programmes, and 20 years coaching, Vanessa has learned that teams are often more eloquent and successful at expressing themselves through visual art rather than words, which is why she regularly works with colour, drawing, metaphor and making. Vanessa challenges leaders to better navigate relationships and complexity, to expertly manage change and conflict, and to find the confidence to discard limiting beliefs, engage with creativity and take risks.

Vanessa primarily works in the following sectors: Finance, Market Research, Pharmaceutical, Professional Services and Retail. Vanessa encourages teams to consult a wide range of stakeholders, to ensure their success is in line with changing contexts.

Her qualifications include:

- Advanced Diploma in Executive Coaching, AoEC (Masters level)
- International Systemic Team Coaching Certificate, AoEC
- Accredited Artgym Facilitator
- She is a psychology graduate with a deep insight into people that informs her work
- Licensed in MBTI, DISC, Social Styles, MSCEIT (EQ ability test), Team Connect 360

Outside of her work, Vanessa spends time with her family, enjoys modern art, stays healthy and seeks opportunities to help those around her.