



Owen Bailey
Facilitator/Coach

Owen is an intuitive creative, gifted facilitator and coach. He works with young people and management from creatives to business leaders on an individual and group level.

He has worked with organisations such as UPS, Ricoh, Barnardos, local authorities and the University of Birmingham. His work has taken him as far afield as Shanghai and Beijing where he has led facilitation teams on international programmes.

Owen has a background in business development, sports coaching, NLP coaching and creative facilitation.

He is constantly seeking to continue his development and growth by attending workshops and trainings in leadership, creativity, philosophy and meditation.

Owen creates space where creative confidence can be explored and uses a variety of facilitation and coaching techniques including positive psychology and his own learning experiences.

He believes strongly in the interconnectedness of the mind and body and brings this to his work, with encouragement to recognise and transform habitual thinking into creativity.

Owen enjoys teaching yoga and has taught internationally, however, he still considers himself a student in life.

He is enthusiastic about poetry and also illustrates and sketches themes of

soul connection, nature and mystical journeys, which are themes of a book that he is attempting to write.