

## Mila Dorosh Facilitator/Coach



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Mila is a Millennial Coach – a coach for a new generation of leaders, teams of mixed generations and those who work for, with or towards the millennials. An empowering, confidence building and inspiring coach, Mila Dorosh combines her coaching talent with international experience, hands-on team leadership and business expertise to offer coaching and training services around the world.

Mila is ICF-certified (ACC) and WABC-certified coach, specializing in individual and team coaching for team leaders and high potential performers. Mila is not, however, just a dedicated coach professional, she has been using coaching in real life throughout her career to open the minds of her team members and build efficient and effective businesses. Mila has also been a guest speaker for American, British and European Chambers of Commerce and Tongji University School of Economics and Management and is currently serving on leadership teams of The Shanghai Coaching Circle and Motivate Shanghai community organizations.

Apart from successfully working with individuals, Mila has conducted training and coaching sessions for companies like Accenture, Air Liquide, Bayer, Daimler, Nike and Volkswagen to name a few. Her coaching expertise includes, but is not limited to, leadership development, communication skills, change management, cross-cultural communication and team development.

Mila works with both individuals and teams. Her tools for coaching sessions and workshops differ. For coaching assignments she uses ICF pure coaching approach to stimulate and provide the best environment

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for the coachee to attain their resources. In her facilitation, she starts from thorough preparation and interviews to develop the right approach to fit customers' challenges and bring the best out of team dynamic on the day of the event. In her toolbox she has facilitation, coaching, action learning skills, mindfulness, psycho-somatic coaching and other methods as appropriate.

In addition to her entrepreneurial and developmental/coaching talents, Mila is fluent in English, Chinese and Russian and can converse in French, Spanish and Italian. Mila's passion is bringing the best out in people, whether through coaching conversations or inspirational talks during her travels around the world, she is happy to witness and assist others to grow.