

## Iris Re Facilitator/Coach



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Iris facilitates group training as well as workshops and specialises in young leadership development, team building, change processes and mediation. As a Master of business and arts, Iris easily adapts to various situations, challenges and cultural differences.

Iris brings people together in shared experiences that are relevant, energetic and memorable. Iris knows that communication is the key to success in business, and she uses communication as the primary tool to help individuals and organisations create innovative solutions that make a positive impact on people's lives. Iris believes that actively reflecting on one's leadership and position in relation to others is the first step in identifying needs. Therefore, she challenges people to create an understanding of diversity and inclusion. By using transformative mediation (e.g. socratic method) people create consensus instead of compromise. She is licensed to use the Myers-Briggs type indicator (MBTI) and certified mediator (University of Darmstadt) as well as an Artgym Certified Facilitator.

Iris draws from a diverse history of experience, including working for an industrial company, a music festival and several international marketing agencies before transitioning to facilitation, training and mediation for the last 13 years. Iris' clients come from a variety of industries, including automotive (e.g. Ford, RenaultNissan), sporting goods (e.g. adidas), retail (e.g. Shiseido, Elizabeth Arden, Sony, Canon), assurance (e.g. Winterthur), auditing (e.g. EY), pharmaceutical (e.g. Bayer), telecommunication (e.g. T-mobile) and urban administration industries. In the last 3 years, Iris started working with adults that need occupational re-training due to mental or physical stress.

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Iris is always looking for “out-of-the-box” ideas that will broaden one’s mind and help people and organisations to grow. She believes that most answers people struggle with lie in their subconscious. Iris speaks fluent German and English.