

the top skills, competencies & behaviours we develop in people

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- 1 Action-learning facilitation
- 2 Active listening
- 3 Advanced facilitation
- 4 Arts-based research techniques
- 5 Building your personal brand
- 6 Career conversations
- 7 Coaching for performance
- 8 Collaborative working
- 9 Conflict management
- 10 Communicating with stakeholders
- 11 Creative thinking
- 12 Delegation
- 13 Developing emotional intelligence
- 14 Developing your authentic leadership style
- 15 Facilitation
- 16 Five stages of team development
- 17 Gestalt process in team development
- 18 Giving and receiving feedback
- 19 Innovating
- 20 Inter-personal communication

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the top skills, competencies & behaviours we develop in people continued

- 21 Inclusivity & diversity
- 22 Leading change
- 23 Presence and the art of being in the 'here and now'
- 24 Presenting with impact and authenticity
- 25 Prioritising Effectively
- 26 Problem Solving
- 27 Questioning
- 28 Self-directed learning
- 29 Strategy formulation
- 30 Strategic thinking and acting
- 31 Team effectiveness & high performance teams
- 32 Transactional analysis for teams
- 33 Understanding team dynamics
- 34 Understanding your Myers Briggs type indicator
- 35 Understanding your customer
- 36 Using art to unleash team potential
- 37 Using creativity for change
- 38 Using team values to drive performance
- 39 Visioning
- 40 Visualising business processes

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contact

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**artgym ltd**  
info@artgym.com  
+44 (0)20 7785 7256

s101 holywell centre  
1 phipp street  
london ec2a 4ps